

DECEMBER 2019

SHIELDS VALLEY ELEMENTARY



Monday	Tuesday	Wednesday	Thursday	Friday
CHEF SALAD MUFFINS FRUIT YOGURT BAR 2	ITALIAN DUNKERS MEAT SAUCE BREAD STICKS SALAD BAR 3	CHEESEBURGER SOUP CINNAMON ROLLS SALAD BAR 4	CHEESY CHICKEN QUESADILLA REFRIED BEANS FRUIT SALAD BAR 5	6
CHICKEN PATTY SANDWICH BROCCOLI FRUIT SALAD SALAD BAR 9	TACO TUBS CORN FRUIT SALAD BAR 10	ROAST PORK MASHED POTATOES w/ GRAVY APPLE CRISP SALAD BAR 11	PEPPERONI OR CHEESE PIZZA FRUIT PUDDING SALAD BAR 12	13
BAKED HAM MACARONI AND CHEESE PEAS FRUIT SALAD BAR 16	PULLED PORK SANDWICH BAKED BEANS ROSIE APPLESAUCE SALAD BAR 17	CHEESY VEGETABLE SOUP W/ CRACKERS SALAD BAR APPLE PATTYCAKE 18	PIGS IN A BLANKET GREEN BEANS FRUIT SALAD BAR 19	SAUSAGE PATTY FRENCH TOAST STICKS HASHBROWNS COTTAGE CHEESE FRUIT 20
23	24	25	26	27
30	31	 HAPPY HOLIDAY VACATION SEE YOU NEXT YEAR!		



All school lunches are served with whole grain breads and crackers, green salad, assorted dressing, fresh fruits and vegetables, low fat and fat free milk, and all needed condiments. Parents may request a nutritional analysis by calling the school. All menu items are subject to change.