

JANUARY 2020

SHIELDS VALLEY ELEMENTARY SCHOOL

Thanks to Bob and Debbie Boyd,
and The Four Diamonds Ranch for
the delicious Beef donation!

Monday

Tuesday

Wednesday

Thursday

Friday



<p>1</p>	<p>2</p> <p>CHICKEN TENDERS MIXED VEGGIES APPLESAUCE BROWNIES SALAD BAR</p>	<p>3</p> <p>SPAGHETTI BREADSTICKS PEARS SALAD BAR</p>
<p>6</p> <p>HAMBURGERS COWBOY BEANS FRUIT SALAD BAR</p>	<p>7</p> <p>REC DAY! BRING A LUNCH</p>	<p>8</p> <p>CHICKEN FAJITAS CORN SUGAR COOKIE BAR FRUIT SALAD BAR</p>
<p>13</p> <p>PASTA BOWTIES CARROTS FRUIT SALAD BAR</p>	<p>14</p> <p>REC DAY! BRING A LUNCH</p>	<p>15</p> <p>CHILI CRACKERS CINNAMON ROLLS FRUIT SALAD BAR</p>
<p>20</p> <p>MACARONI AND CHEESE GREEN BEANS FRUIT SALAD BAR</p>	<p>21</p> <p>ROAST BEEF DINNER MASHED POTATOES GRAVY FRUIT SALAD BAR</p>	<p>22</p> <p>REC DAY! BRING A LUNCH</p>
<p>27</p> <p>CHICKEN ENCHILADAS GREEN BEANS STRAWBERRY JELLO SALAD BAR</p>	<p>28</p> <p>SAUSAGE WAFFLES HASHBROWNS YOGURT BAR</p>	<p>29</p> <p>POTATO AND HAM SOUP CINNAMON ROLLS FRUIT SALAD BAR</p>
<p>30</p> <p>SLOPPY JOES POTATO WEDGES ROSIE APPLESAUCE SALAD BAR</p>	<p>31</p>	<p>9</p> <p>TOMATO SOUP GRILLED CHEESE SANDWICH FRUIT SALAD BAR</p>
<p>10</p>	<p>16</p> <p>BAKED HAM BREADSTICKS BROCCOLI FRUIT SALAD BAR</p>	<p>17</p>
<p>24</p>	<p>23</p> <p>PIZZA PEPPERONI OR CHEESE PEAS PUDDING SALAD BAR</p>	<p>24</p>

All school lunches are served with whole grain breads and crackers, green salad, assorted dressings, fresh fruits and vegetables, low fat and fat free milk, and all needed condiments. Parents may request a nutritional analysis by calling the school. All menus are subject to change.