






AUGUST

2020

Shields Valley Elementary



				
<p>3.</p>	<p>4.</p>	<p>5.</p>	<p>6.</p>	<p>7.</p>
<p>10.</p>	<p>11.</p>	<p>12.</p>	<p>13.</p>	<p>14.</p>
<p>17.</p>	<p>18.</p>	<p>19.</p>	<p>20.</p>	<p>21.</p>
<p>24.</p>	<p>25.</p>	<p>26.</p>	<p>27.</p>	<p>28.</p>
<p>31.</p>	<p>Special Announcements:</p> <p>All school lunches are served with whole grain breads and crackers, green salad and assorted dressings, fresh fruits and vegetables, low fat and fat free milk, and all needed condiments. Parents may request a nutritional analysis by calling the school. All menus are subject to change.</p>			

PULLED PORK SANDWICH
CORN
APPLE CRISP
SALAD BAR

NACHOS
CARROTS
FRUIT
SALAD BAR

CHICKEN NOODLE SOUP
CRACKERS
CINNAMON ROLLS
FRUIT
SALAD BAR

ITALIAN DUNKERS
BREADSTICKS
MIXED VEGGIES
FRUIT
SALAD BAR

CORN DOGS
SWEET POTATO FRIES
FRUIT
SALAD BAR

BEEF AND NOODLES
GREEN BEANS
FRUIT
SALAD BAR

MACARONI AND CHEESE
PEAS
FRUIT
SALAD BAR



TEXAS DEPARTMENT OF AGRICULTURE
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Food and Nutrition Division
National School Lunch Program and School Breakfast Program

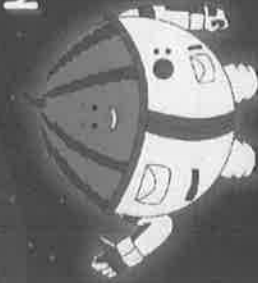


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SEPTEMBER

2020

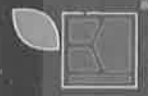
SHIELDS VALLEY ELEMENTARY



<p>m</p> <p>NO SCHOOL</p> <p>7.</p>	<p>t</p> <p>TURKEY SUB SANDWICH PASTA SALAD FRUIT SALAD BAR</p> <p>1.</p>	<p>w</p> <p>TACO SOUP CRACKERS CINNAMON ROLLS FRUIT SALAD BAR</p> <p>2.</p>	<p>th</p> <p>SAUSAGE FRENCH TOAST STICKS HASH BROWNS YOGURT BAR</p> <p>3.</p>	<p>f</p> <p>PIZZA PEPPERONI OR CHEESE PEAS PEACHES/PUDDING SALAD BAR</p> <p>11.</p>
<p>CHICKEN DRUMMIES MASHED POTATOES AND GRAVY CARROTS FRUIT/SALAD BAR</p> <p>14.</p>	<p>TACO TUBS BROCCOLI FRUIT SALAD BAR</p> <p>8.</p>	<p>VEGGIE BEEF SOUP CRACKERS CINNAMON ROLLS FRUIT SALAD BAR</p> <p>9.</p>	<p>HOT HAM AND CHEESE SANDWICH POTATO SMILES FRUIT SALAD BAR</p> <p>10.</p>	<p>PEPPERONI OR CHEESE PEAS PEACHES/PUDDING SALAD BAR</p> <p>11.</p>
<p>CHICKEN DRUMMIES MASHED POTATOES AND GRAVY CARROTS FRUIT/SALAD BAR</p> <p>14.</p>	<p>TATERTOT CASSEROLE GREEN BEANS FRUIT SALAD BAR</p> <p>15.</p>	<p>POTATO SOUP CINNAMON ROLLS FRUIT SALAD BAR</p> <p>16.</p>	<p>CHEEZY CHICKEN QUESADILLA CORN FRUIT SALAD BAR</p> <p>17.</p>	<p>PIZZA PEPPERONI OR CHEESE PEAS PEACHES/PUDDING SALAD BAR</p> <p>11.</p>
<p>HAMBURGERS CHEESE POTATO WEDGES FRUIT SALAD BAR</p> <p>21.</p>	<p>SAUSAGE PANCAKES FRUIT SALAD SALAD BAR</p> <p>22.</p>	<p>CHICKEN NOODLE SOUP CINNAMON ROLLS FRUIT SALAD BAR</p> <p>23.</p>	<p>ROAST PORK DINNER MASHED POTATOES AND GRAVY MIXED VEGGIES FRUIT/SALAD BAR</p> <p>24.</p>	<p>PIZZA PEPPERONI OR CHEESE PEAS PEACHES/PUDDING SALAD BAR</p> <p>11.</p>
<p>CHICKEN NUGGETS CARROTS FRUIT SALAD BAR</p> <p>28.</p>	<p>PIGS IN A BLANKET FRESH BROCCOLI SALAD FRUIT SALAD BAR</p> <p>29.</p>	<p>CHEESEBURGER SOUP CINNAMON ROLLS FRUIT SALAD BAR</p> <p>30.</p>	<p>Special Announcements: ALL SCHOOL LUNCHES ARE SERVED WITH WHOLE GRAIN BREADS AND CRACKERS, GREEN SALAD, ASSORTED DRESSINGS, FRESH FRUIT AND VEGETABLES, LOW FAT AND FAT FREE MILK, AND ALL NEEDED CONDIMENTS.</p>	



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OCTOBER

2020



SHIELDS VALLEY ELEMENTARY



Special Announcements: ALL SCHOOL LUNCHES ARE SERVED WITH WHOLE GRAIN BREADS AND CRACKERS, GREEN SALAD AND ASSORTED CONDIMENTS, FRESH FRUITS AND VEGGIES, LOW FAT AND FAT FREE MILK.

PARENTS MAY REQUEST A NUTRITIONAL ANALYSIS BY CONTACTING THE SCHOOL. ALL MENUS ARE SUBJECT TO CHANGE

<p>SLOPPY JOES FRIES HOT FRUIT SALAD SALAD BAR</p> <p>5.</p>	<p>ROAST BEEF DINNER MASHED POTATOES AND GRAVY PEAS FRUIT/SALAD BAR</p> <p>6.</p>	<p>TOMATO SOUP HOT HAM AND CHEESE FRUIT SALAD BAR</p> <p>7.</p>	<p>SOFT SHELL TACO REFRIED BEANS SPANISH RICE FRUIT SALAD BAR</p> <p>1.</p>	<p>PARENTS MAY REQUEST A NUTRITIONAL ANALYSIS BY CONTACTING THE SCHOOL. ALL MENUS ARE SUBJECT TO CHANGE</p> <p>2.</p>
<p>CHICKEN PATTY ON A BUN MIXED VEGGIES FRUIT SALAD BAR</p> <p>12.</p>	<p>SAUSAGE HASHBROWNS WAFFLES YOGURT BAR</p> <p>13.</p>	<p>CHILI CRACKERS CINNAMON ROLLS FRUIT/SALAD BAR</p> <p>14.</p>	<p>PASTA BOWTIES CHERRY CRISP FRUIT SALAD BAR</p> <p>8.</p>	<p>NO SCHOOL</p> <p>15.</p>
<p>CHICKEN FAJITA CORN CHERRY JELLO FRUIT SALAD BAR</p> <p>19.</p>	<p>BAKED HAM HOT ROLL BROCCOLI FRUIT SALAD BAR</p> <p>20.</p>	<p>VEGETABLE BEEF SOUP CINNAMON ROLLS FRUIT SALAD BAR</p> <p>21.</p>	<p>MACARONI AND CHEESE CARROTS FRUIT SALAD BAR</p> <p>22.</p>	<p>NO SCHOOL</p> <p>16.</p>
<p>SPAGHETTI MIXED VEGGIES FRUIT SALAD BAR</p> <p>26.</p>	<p>ROAST PORK DINNER MASHED POTATOES AND GRAVY PEAS FRUIT/SALAD BAR</p> <p>27.</p>	<p>CHICKEN NOODLE SOUP CINNAMON ROLLS FRUIT SALAD BAR</p> <p>28.</p>	<p>TACO TUBS CORN FRUIT SALAD BAR</p> <p>29.</p>	<p>NO SCHOOL</p> <p>17.</p>
<p>NO SCHOOL</p> <p>18.</p>	<p>NO SCHOOL</p> <p>19.</p>	<p>NO SCHOOL</p> <p>20.</p>	<p>NO SCHOOL</p> <p>21.</p>	<p>NO SCHOOL</p> <p>22.</p>
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<p>NO SCHOOL</p> <p>28.</p>	<p>NO SCHOOL</p> <p>29.</p>	<p>NO SCHOOL</p> <p>30.</p>	<p>NO SCHOOL</p> <p>31.</p>	<p>NO SCHOOL</p> <p>32.</p>



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- National School Lunch Week Oct. 12-16



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